

Dr. Aliya Browne is a board-certified clinical cardiologist who specializes in integrative cardiology at Martha's Vineyard Hospital in Oak Bluffs MA. She received her bachelor's degree from Temple University and attended New York College of Osteopathic Medicine /New York Institute of Technology, receiving her Doctor of Osteopathic Medicine. She is a fellowship graduate of University of Arizona in integrative medicine. A licensed minister, graduating from Princeton Theological Seminary with her Master of Divinity, she serves at First Baptist Church of Lincoln Gardens in Somerset New Jersey and Union Chapel in Oak Bluffs Massachusetts. She is passionate about caring for the total person, integrating Eastern, Western and Spiritual practices into one practical prescription for whole body health.

Dr. Browne is a sought-after lecturer and speaker on women and heart disease and has been featured in newspaper, magazine articles, and radio programs discussing Heart Disease and Women. She is the author of *Meditating on God's word*, published July 2017. One of her life's passions is the development of spiritual formation and spiritual practices in others. This book seeks to help others to learn how to decompress and grow stronger in their relationship with God through meditation. She teaches and leads guided meditations classes throughout the year using scripture. She has a CD entitled *Meditations from God for your heart*, which pairs music with guided mediations. Her latest production, *RIPE*, a collection of guided mediations on the fruit of the spirit continues her teaching on meditation for spiritual fitness.

Dr. Browne is happily married to her college sweetheart, Reginald Browne and is mother to college aged twins, Alex and Myles and a teenage son, Jabril. She lives by the scripture 'When someone has been given much. Much will be required in return,' (Luke 12:48). She dedicates her medical career to her grandmother who died suddenly from heart disease when she was thirteen. This had a dramatic impact on her life and has guided her in her specialty path.